



Transitioning from the military starts with you. Navigating your post-service VA benefits can be complicated and overwhelming. TVD has broken down the process to ensure clear and concise information most beneficial to your current state of transition. Don't worry, you got this.

Active Duty Claim Initiation

- VA Benefits Delivery at Discharge allows you to file for benefits with up 180 days remaining on your service obligation, minimum requirement is 60 days.
- To initiate this process, make an appointment with your Transition Assistance Office or Army Career and Alumni Program (ACAP) manager to attend the week long transition brief.
- Ensure that prior to your attending of TAP/ACAP you obtain full copies of your medical records. These will be reviewed by either a DAV or VA representative. If a DAV representative is not a part of your transition program, you may seek their assistance to levy your Benefits Delivery at Discharge claim.
- Create a E-Benefits account following your first day of transition briefings. This will ensure transparency and provide you with up-to-date information during your claims process.
- Keep yourself available and follow through. VA officials will be contacting you to clarify information and to schedule future appointments. Your claims process runs from time of separation (terminal leave) to your point of release (EAS/ETS). **Remember:** This process does not enroll you into the VA Medical Healthcare System.

Continuing on Veteran Status

- Effective immediately following your EAS/ETS date, you will be allowed to enroll with your local VA Medical Healthcare System if you meet the eligibility requirements.
- Most Veterans who enlisted and served 24 continuous months after September 7, 1980, or entered active duty after October 16, 1981, are eligible to enroll.
- Post 9-11 Combat Veterans are eligible for 5 years of free medical care from the VA. Your eligibility for this program will be determined based on your DD-214.

Useful Links

[TAO/ACAP Location Finder](#)
[DAV Transition Service Offices](#)
[E-Benefits Registration](#)